

HNT # 7: Nagarkot – Dhulikhel Trek

Day 01:

Arrival at Kathmandu airport: you will be met by our representative and transfer to hotel. After refreshment in hotel, short briefing about the programs.



KATHMANDU DURBAR SQUARE: Durbar Square, one of the old capitals of the Kathmandu valley, is a synthesis of Hindu and Buddhist temples, stupas and statues, and is often the site of festivals, marriages and other ceremonies. Overnight at Royal Penguin Boutique Hotel & Spa.

Day 02:

Kathmandu city sightseeing (1,315 m)
Today we explore the Kathmandu valley.

SWOYAMBBHUNATH: Climb the many steps to Swayambhunath (the monkey temple) with its commanding views of Kathmandu, its whitewashed stupas and its unique synthesis of Buddhism and Hinduism.

PASHUPATINATH: It's a sacred temple complex on the banks of the holy Bagmati river. Here, monkeys run up and down the steps of the burning ghats, and trident-bearing siddhus draped in burnt-orange and yellow sit serenely meditating - when they are not posing for photos for rupees.

BOUDHANATH: The striking Buddha eyes of Boudhanath Stupa watch over a lively and colorful Tibetan community and attract pilgrims from all over the Himalayan Buddhist realm. In the midst of traditional gompas, and hung with long strings of multi-colored prayer flags, Boudhanath attracts Sherpas, Tibetans and tourists alike for daily circumambulations (koras) of the stupa.



KATHMANDU, POKHARA, CHITWAN, LUMBINI & NAGARKOT

Day 3:

Kathmandu - Nagarkot (2,175 m):
1,30 hrs drive

Drive from Kathmandu to Changunarayan. Start trek from Changunarayan to Nagarkot. Walk between the village and forest continue along the terraced farming field finally brings us to hill city Nagarkot (2,175 m). This spot provides an excellent view of the sunset and Mount Everest can be seen on a clear day. Overnight at Hotel.



Day 4:

Nagarkot - Dhulikhel (1,625 m): 6 hrs walk

Nagarkot to Dhulikhel Hiking is a moderate hike through deep forests, terraced fields and small villages, with an accompanying backdrop of the majestic mountains. Nagarkot is a preferred tourist destination for sunrise and sunset views as well as the Himalayan ranges. The six hours nature walk is a wavy journey, climbing and descending small hills and passing villages that depict the rural lifestyle of Nepal. Overnight at hotel.

Day 5:

Dhulikhel - Kathmandu (1,315 m): 1.30 hrs drive

From Dhulikhel, the trail climbs up to the Kali Mandir, a temple dedicated to Goddess Kali. From there the trail drops down to the village of Kavre and past a line of shops and tea houses. It then climbs again through pine woods past Phulbari and up and down a couple of more hills before you reach the hill of Namobuddha. Namobouddha is very important Buddhist Pilgrimage located in Kavre District about 38 km east of Kathmandu. The Stupa and shrines built in this lovely little hill mark a very ancient holy site where a legendary prince named Mahasattva offered himself to a starving Tigress with several underfed cubs. This legendary episode is depicted in a stone slab and placed right next to a holy Stupa. Trek from Dhulikhel to Namobuddha - Panauti takes approximately four and half hours and drive from Panauti to Kathmandu takes about one and half hours. Overnight at hotel

Day 06: Departure

After breakfast we'll head to airport for final departure or continue your onwards trips. Tour ends with THANK YOU!

KATHMANDU, POKHARA, CHITWAN, LUMBINI & NAGARKOT

Package Cost:

2 – 4 pax: US \$ 750

5 – 8 pax: US \$ 670

9+ pax: US \$ 650

Single Supplement:

US \$ 245 per person

Hotels:

Kathmandu: Royal Penguin

Boutique Hotel & Spa

Dhulikhel: Mirabel

Nagarkot: Countri Villa



In the tour it is also possible to take **1 hr mountain flight to Everest.**

Service Includes:

- Accommodation in Twin room with breakfast in Kathmandu
- All transfers by private car
- Accommodation in Twin sharing lodge during trekking
- 1 Good English speaking guide & required porters
- All meals during the trekking
- Tea OR Coffee 3 times a day during trekking
- All transfers by private vehicle
- Sightseeing entrance fees
- Trekking equipment like Dawn jacket, Sleeping bag, trekking stick & water bottle
- Insurance for our staff

Services Excludes:

- Lunch & Dinner while your stay in Kathmandu
- All bar bills
- Travel Insurance
- Tips & Laundry
- Any extra cost due to weather or political situation

