

HNT # 8: Shivapuri – Kakani Trek

Day 01:

Arrival at Kathmandu airport: you will be met by our representative and transfer to hotel. After refreshment in hotel, short briefing about the programs.



KATHMANDU DURBAR SQUARE: Durbar Square, one of the old capitals of the Kathmandu valley, is a synthesis of Hindu and Buddhist temples, stupas and statues, and is often the site of festivals, marriages and other ceremonies. Overnight at Royal Penguin Boutique Hotel & Spa.

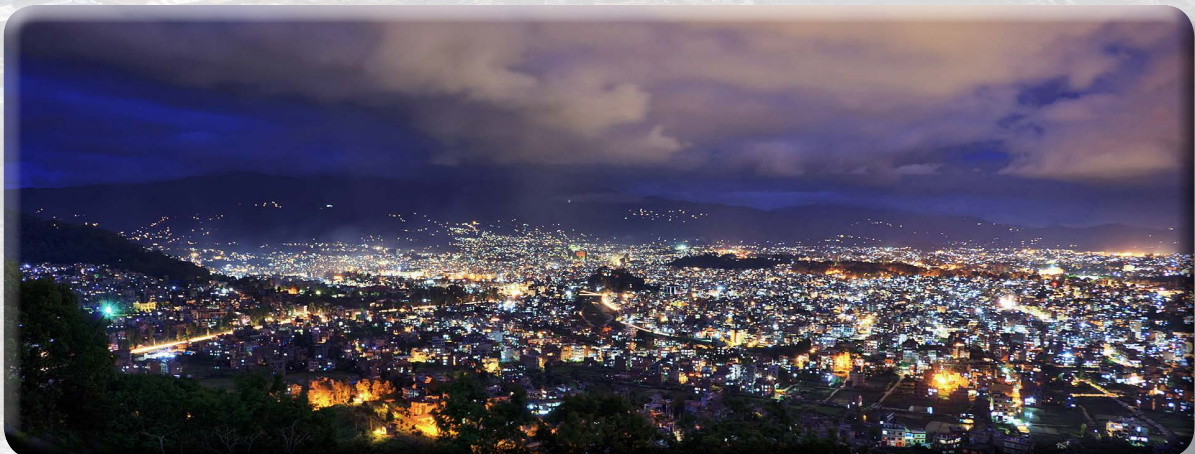
Day 02:

Kathmandu city sightseeing (1,315 m)
Today we explore the Kathmandu valley.

SWOYAMBBHUNATH: Climb the many steps to Swayambhunath (the monkey temple) with its commanding views of Kathmandu, its whitewashed stupas and its unique synthesis of Buddhism and Hinduism.

PASHUPATINATH: It's a sacred temple complex on the banks of the holy Bagmati river. Here, monkeys run up and down the steps of the burning ghats, and trident-bearing siddhus draped in burnt-orange and yellow sit serenely meditating - when they are not posing for photos for rupees.

BOUDHANATH: The striking Buddha eyes of Boudhanath Stupa watch over a lively and colorful Tibetan community and attract pilgrims from all over the Himalayan Buddhist realm. In the midst of traditional gompas, and hung with long strings of multi-colored prayer flags, Boudhanath attracts Sherpas, Tibetans and tourists alike for daily circumambulations (koras) of the stupa.





Day 03:

Kathmandu - Sundarijal (2,732 m):
2 hrs drive

We drive to Sundarijal which is 13 km. from Kathmandu. Sundarijal is situated at the elevation of 1,350 m, trek starts from here. Beyond Sundarijal, the trail climbs continuously through forest to a medieval looking reservoir, the dam and waterworks. The trail leaves the water supply system and climbs steeply to a road to 1,550 m. Then cross the road and continue climb to the top of the Shivapuri ridge, the first village on the trail with the sprawling Tamang settlement of Milkshake at 1,895 m. There are few small tea shops where you can sit for a cup of tea and enjoy a spectacular panoramic view of the Kathmandu Valley. Beyond Mulkharka, the trail continues to climb steadily. After passing through an army camp, the trail enters the Shivapuri National Park. Most of the Shivapuri ridge is dense forest of pine and oak. Climb continues down the ridge through a forest of oak and rhododendron to Chisapani at 2,300 m. Stay overnight at Chisapani in a teahouse.

Day 04:

Chisapani (2,165 m) - Kakani: (2,145 m): 7 - 8 hrs

Kakani is one of the famous day tour hill station and popular view point for trekkers. Kakani is a good spot to get the heart touching view of glittering mountains. Rhododendrons growing wild on the mountain slopes begin to bloom in late winter and stay in bloom for several months, giving the village even more charm. Overnight at lodge.

Day 05:

Kakani – Kathmandu (1,315 m): 1,30 hrs drive.
Transfer to Royal Penguin Boutique hotel & Spa.

This area is a protected watershed and wildlife reserve, supplying the Kathmandu Valley with fresh water. Much of the trek goes through undisturbed thick oak forest. If you are lucky you may come across spotted deer, monkeys, jackals or some other animals on the trail. After some walking we will drive back to Kathmandu.

Day 06: Departure

After breakfast we'll head to airport for final departure or continue your onwards trips. Tour ends with THANK YOU!

KATHMANDU, POKHARA, CHITWAN, LUMBINI & NAGARKOT

Package Cost:

2 – 4 pax: US \$ 660

5 – 8 pax: US \$ 580

9+ pax: US \$ 530

Single Supplement:

US \$ 165 per person

Hotels:

Kathmandu:

Royal Penguin

Boutique Hotel & Spa



In the tour it is also possible to take **1 hr mountain flight to Everest.**

Service Includes:

- Accommodation in Twin room with breakfast in Kathmandu
- All transfers by private car
- Accommodation in Twin sharing lodge during trekking
- 1 Good English speaking guide & required porters
- All meals during the trekking
- Tea OR Coffee 3 times a day during trekking
- Sightseeing entrance fees
- All transfers by private vehicle
- Trekking equipment like Dawn jacket, Sleeping bag, trekking stick & water bottle
- Insurance for our staff

Services Excludes:

- Lunch & Dinner while your stay in Kathmandu
- All bar bills
- Travel Insurance
- Tips & Laundry
- Any extra cost due to weather or political situation

