

HTT # 2: LHASA – NORTH EVEREST BASE CAMP TOUR

Itinerary:

Day 01:

Arrival at Kathmandu airport

You will be met by our representative and transfer to hotel. After refreshment in hotel, short briefing about the programs.
KATHMANDU DURBAR SQUARE: Durbar Square, one of the old capitals of the Kathmandu valley, is a synthesis of Hindu and Buddhist temples, stupas and statues, and is often the site of festivals, marriages and other ceremonies.



Day 02:

Kathmandu city sightseeing (1,315 m) Today we explore the Kathmandu valley

SWOYAMBBHUNATH: Climb the many steps to Swayambhunath (the monkey temple) with its commanding views of Kathmandu, its whitewashed stupas and its unique synthesis of Buddhism and Hinduism.

PASHUPATINATH: It's a sacred temple complex on the banks of the holy Bagmati River. Here, monkeys run up and down the steps of the burning ghats, and trident-bearing siddhus draped in burnt-orange and yellow sit serenely meditating - when they are not posing for photos for rupees.

BOUDHANATH: The striking Buddha eyes of Boudhanath Stupa watch over a lively and colorful Tibetan community and attract pilgrims from all over the Himalayan Buddhist realm. In the midst of traditional gompas, and hung with long strings of multi-colored prayer flags, Boudhanath attracts Sherpas, Tibetans and tourists alike for daily circumambulations (koras) of the stupa.

Day 03: Fly Kathmandu – Lhasa:

We drive to the airport to catch a flight to Lhasa. It's a one hour and it gives you an opportunity to have an aerial view of the Mt. Everest and other Himalayas. We arrive at Gonggar Airport. After completing immigration and custom formalities, we drive to Lhasa which is a 93 km drive from the Airport. It is situated in the altitude of 3,670 m. Upon arrival at Lhasa, we check in the hotel that resides in the heart of the city. Over night stay at Hotel.

Day 04:

Lhasa Sightseeing

Full day city tour of The Potala Palace, The Jokhang Temple, and Barkhor Street. Overnight in Lhasa.

- **The Potala Palace:** The most imposing attraction in Lhasa. One of architectural wonders of the world contains 13 storeys tall and thousands of rooms. We kindly suggest you take taxi to the top of the palace which costs about 10 and then walk down after your visiting.
- **The Jokhang Temple:** It is 1300 years old and is one of Tibet's holiest shrines. It was built to commemorate the marriage of the the Tang princess Wencheng to King Songtsen Gampo, and houses a pure gold statue of the Buddha Sakyamuni brought to Tibet by the princess.
- **Barkhor Street:** It is essentially a pilgrim circuit that proceeds clockwise around the periphery of the Jokhang Temple. It is also a hive of market activity, an astounding pilgrim jamboree, and a wonderful introduction to Tibet.

Day 05:

Lhasa sightseeing

Full day trip to Drepung Monastery, Sera Monastery, Norbulingka.

- **Drepung Monastery:** Drepung Monastery lies in west of Lhasa under Mt. Gambo Utse, clustered round by the black mountain, its white grand buildings shining under the sunlight. Built in 1416, it is considered as one of the largest monasteries in the six principle monasteries of Gelu Sect in China. Drepung Monastery used to be the living palace of Dalai Lamas before the reconstruction of Potala palace.
- **Sera Monastery:** It is known as one of the three greatest monasteries of Tibet. As one of the three main monasteries of Lhasa, it is here that the monk famous daily debate takes place.
- **Norbulingka:** Norbulingka means «Jeweled Garden». It was constructed as a summer palace for the Dalai Lama and later served the whole governmental administration.

Day 06:

Lhasa to Gyantse (3,950 m) 261 km

Moving along the Friendship Highway, you drive past Khamba La, at 4,794 meter, with a brief halt to savor majestic views of Yamdrok-tso Lake and Nazin Kang Sa, standing at 7,252 m. On turning westwards, you come across another pass, Karo La at 5,045 m. If you look at the road, you can see huge glaciers tumbling down. After driving 261 km, beautifully landscaped Tibetan villages become visible as you enter the town of Gyantse.

TOURS IN TIBET

Day 07:

Sightseeing in Gyantse & drive to Shigatse (3,900 m) 90 km

Gyantse prides on Gyantse Dzong and Kumbum. Gyantse Dzong, a 14th century historical fort, overlooks the entire Gyantse and the surrounding Nyang Chu Valley. Kumbum has a large gold-domed stupa and houses several chapels and Tibetan Buddhist murals. After exploring Gyantse, you take a 90 km drive and arrive at Shigatse, (3,900 m) the second largest Tibetan city.



Day 08:

Sightseeing & drive to Shegar (4,050 m) 244 km

Today you will traverse along the Friendship Highway amidst picturesque landscape driving past small town of Lhatse and Gyamtso La pass at 5220m. As the route opens into plains, many monasteries and camps of nomadic herders become visible en route to Shegar. At Shegar, you will be accommodated at 'Everest Resort'

Day 09:

Drive to Rongbuk (5,000 m) 68 km – Explore North Everest base camp

Away from Shegar, you will drive to the south crossing Pang La pass at 5,150 m. Along the drive you can bask in the splendor of majestic views of snow-capped peaks from Makalu to Shishapangma. After driving for 68 km, you eventually reach Rongbuk at 5,000 m. You can then view spectacular sight of Mount Everest.



TOURS IN TIBET

Day 10:

Explore North Everest Base Camp: Sightseeing & drive back to Tingri

You have the opportunity to explore Everest Base Camp (5,150 m.) The base camp itself is dry and barren, but the views of Everest more than compensates for it. It truly is an awe-inspiring place with the sheer north face of the highest mountain in the world towering above you. Overnight accommodation at a guest house.



Day 11:

Drive to Kerung (2,300 m) 181 km

You will drive past Tingri crossing Lalung La pass at 5,124 m and Shug La pass at 5,200 m. Savoring the enchanting views of the surrounding peaks of Shishapangma, Cho Oyu, Menlungtse and Gauri Shankar, you descend from the arid Tibetan Plateau to verdant Kerung on the Nepalese border.

Day 12:

Kerung to Kathmandu

A few kilometers drive away from the border, we will reach Immigration Contro. Here, you will part with your Tibetan guide and driver & on the other side your Nepalese escorts who will drive you back to Kathmandu. After driving 5 - 6 hours, you finally arrive in Kathmandu.

Day 13:

Sightseeing in Kathamndu

Early in the morning, you could enjoy optional mountain flight tours to Mt. Everest. In the afternoon, we will tour to Bhaktapur Durbar Square & some other places in Kathmandu.

Bhaktapur Durbar Square: This Square is an open museum holding exciting palace, courtyards, royal bath, sculptures, pagodas, Shikhara style temples and Buddhist monastery along with exclusive architecture. In other words, this is the most beautiful Durbar you visit in your Nepal tours. Overnight at Royal Penguin Hotel.

Day 14: Departure

After breakfast we'll head towards airport for final departure or continue your onwards trips. Tour ends with THANK YOU!

Package Cost:

1 pax: US \$ 4000

2 – 4 pax: US \$ 3600

5 – 8 pax: US \$ 3270

9+ pax: US \$ 2970

Single Supplement:

US \$ 480 per person

Hotels:

Kathmandu: Royal Penguin Boutique Hotel & Spa

In the tour it is also possible to take **1 hr mountain flight to Everest.**



SERVICES INCLUDED:

- Twin sharing accommodation as per the itinerary on BB basis in cities (Bed and Breakfast)
- Dormitory / Twin sharing accommodation as per the itinerary on AP basis in Kailash en-route (BLD)
- English speaking Tour guide in Kathmandu & Tibetan Guide in Tibet.
- Transportation as per the itinerary by Jeep
- Entry fee of mention sightseeing places in Tibet
- All necessary permits
- Sightseeing entrance fees in Kathmandu
- Tibet Group Visa Fee
- Airfare KATHMANDU – LHASA
- Border Transfer Kerung – Kathmandu
- All Government Taxes

SERVICES EXCLUDED:

- Travel Insurance
- Lunch and Dinner in cities up to Shigatse
- Liquor beverages (hard and soft drinks)
- Expenses of personal nature, phone calls, laundry, tips etc.
- Service of porter while crossing Friendship Bridge
- Services of Porter and other vehicles in between in case of landslides and other natural calamities beyond our control and expenses incurred during rescue services
- Services not mentioned here