

HTT # 4: SIMIKOT – KAILASH – KERUNG TOUR

Itinerary:

Day 01:

Arrival at Kathmandu airport: you will be met by our representative and transfer to hotel. After refreshment in hotel, short briefing about the programs.

KATHMANDU DURBAR SQUARE: Durbar Square, one of the old capitals of the Kathmandu valley, is a synthesis of Hindu and Buddhist temples, stupas and statues, and is often the site of festivals, marriages and other ceremonies.

Day 02:

Kathmandu city sightseeing (1,315 m)
Today we explore the Kathmandu valley

SWOYAMBBHUNATH: Climb the many steps to Swayambhunath (the monkey temple) with its commanding views of Kathmandu, its whitewashed stupas and its unique synthesis of Buddhism and Hinduism.

PASHUPATINATH: It's a sacred temple complex on the banks of the holy Bagmati River. Here, monkeys run up and down the steps of the burning ghats, and trident-bearing saddhus draped in burnt-orange and yellow sit serenely meditating - when they are not posing for photos for rupees.

BOUDHANATH: The striking Buddha eyes of Boudhanath Stupa watch over a lively and colorful Tibetan community and attract pilgrims from all over the Himalayan Buddhist realm. In the midst of traditional gompas, and hung with long strings of multi-colored prayer flags, Boudhanath attracts Sherpas, Tibetans and tourists alike for daily circumambulations (koras) of the stupa.

Day 03:

Kathmandu - Nepalgunj

Approximate flight duration of one hour group will be landed at Nepalgunj airport. After group will be transferred at hotel for overnight stay.



TOURS IN TIBET

Day 04:

Nepalgunj - Simikot / Majgaon

Landing at Simikot airport after 50 minutes flight from Nepalgunj trek starts hiking towards at an elevation of 3,800 m after crossing this pass trail descends gradually until reaching at Majgaon also locally known as Tuling 2,700 m. The walking span



will be approximately 4 / 5 hours that will allow the chances of few greeneries of wheat and barley fields which is the major crops of this region. It depends upon the physical condition of the guests if they realize for any rest during these days the itinerary is flexible.

Day 05:

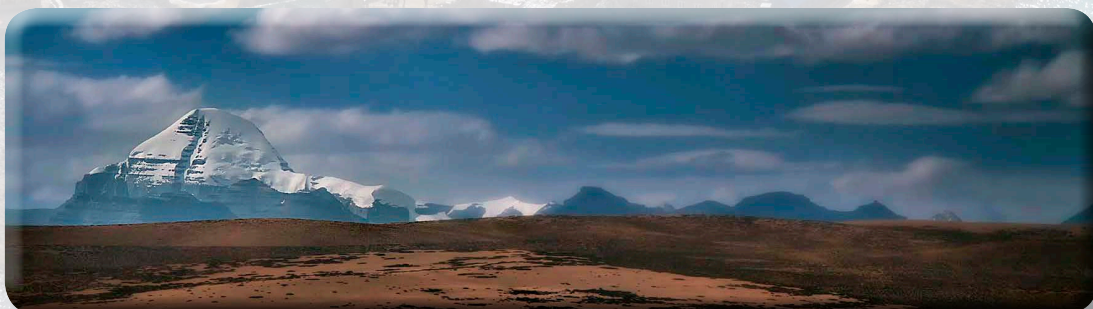
Majgaon / Kermi 2,690 m: 6 / 7 hrs trek

The trail follows through Dharapani after breakfast and this day would be little tough. Elsewhere that would be decided by the cook lunch will be served as sometimes it would not be at the fixed place due to unavailability of water on the route. As indicated above after 6 / 7 hrs walking we will reach at the second night camping Kermi.

Day 06:

Kermi / Yalbang Chaur 2,760 m: 6 / 7 hrs trek

Climbing over a ridge we will walk through a valley having potato and wheat fields, besides this pine forest, many cairns would be other attractions at an approximate height of 2,990 m. would be really wonderful experiences of the day. Then route allows trekkers alleviation by going down to the bank of the Chumsa Khola. After crossing this river no choice we should start climbing up with a very steep and rocky escarpment and this day we can say a day several of ups and downs. Ultimately we will descend to the bank of Karnali River, and after short walk we will reach at Yalbang Chaur.



Day 07:

Yalbang Chaur / Tumkot Khola 2,800 m: 6 / 7 hrs trek

This day we shall be going little bit higher altitude of 2,890 m. some villages on the route after passing a main village named Yangar; we go down walking until the trail meets a small unknown river various upwards and downwards should be met with until reaching another camping spot Tumkot Khola.

Day 08:

Tumkot Khola / Yari 3,450 m: 5 / 6 hrs trek

Another river called Bumachiya Khola comes along the route then another steep that is situated at the height of 3,310 m, some mustard fields could be seen after walking through some forests we will reach at a great Jhyakthang Chu Valley stretching out before Yari. This day ends at Yari where camp will be set at the surrounding of Yari an ultimate Police Station is located here for the security of the trekkers.

Day 09:

Yari / Hilsa / Sher 3,500 m: 7 / 8 hrs trek

This day's experience will be different day to scenery of flat valleys on the way that leads towards Nara Lagna Pass 4,580 m with a gradual ascending. Then immediately route descends to Ranipuwa which is we can say or consider a real trek of the day until the Humla Karnali River. The continue to walk that will last reaching Hilsa where a stone pillar signifying Nepal / Tibet border then after a short walk we will reach at Sher.

Day 10:

Hilsa / Sher 3,600 m / Taklakot 3,600 m

20 minutes walk from Hilsa to Sher at the moment Jeep will be awaiting there from Tibet side. On the way we will see Kocher Monastery where the prominent famous Sakya Monastery is located there was built in the 6th century. After this we will proceed our drive to Taklakot that takes around 1 and half hour to reach locally Tibetans call this place Purang a place of trading center. An expanding market is situated in the proximity of Karnali River Bridge almost all shops are made of mud walls and white canvas roofs. Tibetan wool trade is another famous business of this place and another extension of the sightseeing will be at the 2,890 m remains of Simbling Gompa is considered as the biggest monastery and this night will be staying at Taklakot Guest House.

Day 11:

Taklakot / Lake Manasarovar
4,558 m: 95 km 4 / 5 hrs drive

Day starts by driving towards the Lake Mansarovar leaving the route of Manay Tibetan styled settlements, Gurla La pass 4,590 m. We also can see other lakes including a big holy lake of Tibet. This night's camp will be set at a wonderful base of the Chiu Gompa.

Day 12:

Manasarovar Lake - Darchen
4,575 m 141 km: 5 / 6 hrs drive
Overnight at Guesthouse.

Day 13:

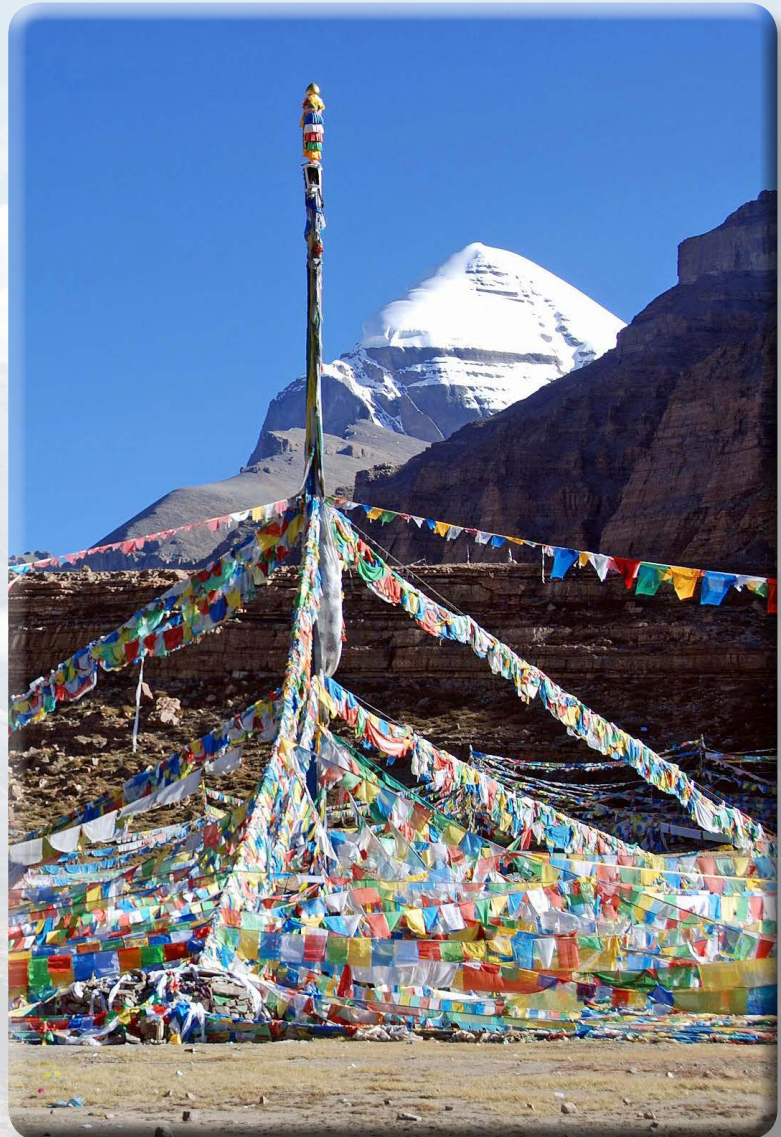
Darchen / Dirapuk 4,909 m:
18 km 7 / 8 hrs

After a short drive from Darchen about 4km ending at Tarpuche from where the hiking starts for an encirclement of Holy Mount Kailash. This is the first day of hiking and an opportunity of to enjoying the stupas (chortens) and sky burial site of the 84 Mahasiddas. Besides this several rivulets forcibly flowing of white water petering out beautiful cascades, a stunning view of Holy Mount Kailsha itself, in the route Chukku Monastery and ultimately day ends at Dirapuk Monastery. This is the first night camping spot.

Day 14:

Dirapuk / Zutulpuk Monastery 20 km 6 / 7 hrs

Day will be counted as hardest one of the tour by crossing of rocky and rockeries trails that ascends to Dolma~La Pass 5,630 m. Before crossing this pass there is another important holy place should not be avoided known as Gauri Kunda. After a nice break at the top of the pass we will head down the steep trail to our eventual campsite at Zutulpuk Monastery 4,790 m, near the cave of miracles where Milarepa meditated.



TOURS IN TIBET

Day 15:

Zutulphuk / Darchen 15 km /
Mansarovar Lake / Hor Chyu:
45 km 8 / 9 hrs

Ending day of the circumambulation that will last approximately three-hour walk brings back to Darchen and the distance between Zutulphuk and Darche where the vehicles will be awaiting to transfer to the camping place in the bank of Lake Mansarovar called Hor Chyu.



Day 16:

Hor Chyu / Parayang: 221 km 7 / 8 hrs

Lake Mansarovar is one of the holiest lakes among others located in the land of Tibet. By following the cosmological concept of Hinduism and Buddhism on four prominent rivers named Brahmaputra, Sutlej, Ganga and Indus it is described the source that is originated with this Lake is proved to be true. You can realize the truth as these rivers starts from this Lake. You can see the astounding face of Mount. Gurula Mandhata 7,728 m, Trugo Monastery and Chiu Monastery. We shall drive back to Paryang from Hor Chyu for over night stay.

Day 17:

Parayang / Saga: 241 km 8 / 9 hrs

Road crossing with wondrous valleys, several clean watered rivers, amazing yaks and sheep grazing pasturages, nomads, and trader's tour continues towards Saga. Other part of the attraction can be highlighted with marvelous landscapes, snow-capped mountain peaks, sand dunes, and typical geographical composition in the land of Tibet that make your tour worthwhile enjoying the day which lasts at Saga.



TOURS IN TIBET

Day 18:

Saga / Kerung:

After breakfast we will drive to border "Kerung". Stay a night at guest house.

Day 19:

Drive Kerung to Kathmandu
6 - 7 hrs

Today we will finish all formalities at immigration in Tibet and Nepal and will reach Kathmandu in the late afternoon. Overnight at Hotel

Day 20:

Sightseeing in Kathmandu

Early in the morning, you could enjoy optional mountain flight tours to Mount Everest. In the afternoon, we will tour to Bhaktapur Durbar Square & some other places in Kathmandu.

Bhaktapur Durbar Square: This Square is an open museum holding exciting palace, courtyards, royal bath, sculptures, pagodas, Shikhara style temples and Buddhist monastery along with exclusive architecture. In other words, this is the most beautiful Durbar you visit in your Nepal tours.

Day 21:

Departure

After breakfast we'll head towards airport for final departure or continue your onwards trips. Tour ends with THANK YOU



Package Cost:

1 pax: US \$ 4900

2 – 4 pax: US \$ 4500

5 – 8 pax: US \$ 4000

9+ pax: US \$ 3800

Single Supplement:

US \$ 690 per person

Hotels:

Kathmandu: Royal Penguin Boutique Hotel & Spa

In the tour it is also possible to take **1 hr mountain flight to Everest.**

SERVICES INCLUDED:

Nepal side:

- Accommodation in Royal Penguin for 4 nights with breakfast
- 1 night hotel accommodation in Nepalgunj on AP basis (Breakfast, Lunch & Dinner)
- 1 night basic guest house accommodation in Simikot on AP basis (Breakfast, Lunch & Dinner)
- Airfare Kathmandu – Nepalgunj – Simikot with airport taxes
- All permits (Nepal restricted area permit & District Development Committee Tourism Charge)
- 5 days full board camping arrangement (Breakfast, Lunch and Dinner)
- Necessary camping crew and equipment
- Necessary porter or mules to carry camping stuff & client luggage

Tibet Side:

- Dormitory sharing guest house accommodation as per the itinerary with all meals
- English speaking Tibetan Guide
- Transportation as per the itinerary by Jeep/Van
- Entry fee & all necessary permits
- Yak and Yak man during Kailash Kora
- Transportation Kerung – Kathmandu
- Portable Oxygen cylinder in Vehicle
- Tibet Visa Fee



TOURS IN TIBET

SERVICES EXCLUDED:

- Extra baggage charge for client luggage and personal gear during flights
- Personal gear (sleeping bag, down jacket etc)
- Nepal re-entry visa fee
- Travel insurance (must cover all risk undertaken, trip Cancellation & Helicopter rescue)
- Liquor beverages (hard and soft drinks)
- Expenses of personal nature, phone calls, laundry, tips etc
- Camping arrangement in Tibet (camping staff & stuff)
- Support vehicle in Tibet
- Manasarovar Kora by Environmental Protection Bus (approximately: US\$ 50 per person)
- Services of Porter and other vehicles in between in case of landslides and other natural calamities beyond our control and expenses incurred during rescue services.
- Services not mentioned herein

