

### HTT # 5: TIBET TSEDANG SAMYE TOUR

#### Itinerary:

##### Day 01:

Arrival at Kathmandu airport: you will be met by our representative and transfer to hotel. After refreshment in hotel, short briefing about the programs.

**KATHMANDU DURBAR SQUARE:** Durbar Square, one of the old capitals of the Kathmandu valley, is a synthesis of Hindu and Buddhist temples, stupas and statues, and is often the site of festivals, marriages and other ceremonies. Overnight at Royal Penguin Boutique Hotel & Spa.

##### Day 02:

Kathmandu city sightseeing (1,315 m)  
Today we explore the Kathmandu valley.

**SWOYAMBBHUNATH:** Climb the many steps to Swayambhunath (the monkey temple) with its commanding views of Kathmandu, its whitewashed stupas and its unique synthesis of Buddhism and Hinduism.

**PASHUPATINATH:** It's a sacred temple complex on the banks of the holy Bagmati river. Here, monkeys run up and down the steps of the burning ghats, and trident-bearing saddhus draped in burnt-orange and yellow sit serenely meditating - when they are not posing for photos for rupees.

**BOUDHANATH:** The striking Buddha eyes of Boudhanath Stupa watch over a lively and colorful Tibetan community and attract pilgrims from all over the Himalayan Buddhist realm. In the midst of traditional gompas, and hung with long strings of multi-colored prayer flags, Boudhanath attracts Sherpas, Tibetans and tourists alike for daily circumambulations (koras) of the stupa.

##### Day 03:

Kathmandu – Lhasa

At morning you will fly for Lhasa from Kathmandu for an hour over the panoramic Himalayan Ranges. Lhasa at an altitude of 3,650m is situated on the north bank of Kyichu River. On arrival you will be transferred to hotel by our local representative, afternoon rest at hotel. Overnight stay at hotel.





### Day 04:

#### Lhasa Sightseeing

Full day city tour of The Potala Palace, The Jokhang Temple, and Barkhor Street. Overnight in Lhasa.

- **The Potala Palace:** The most imposing attraction in Lhasa. One of architectural wonders of the world contains 13 storeys tall and thousands of rooms. We kindly suggest you take taxi to the top of the palace which costs about 10 and then walk down after your visiting.

- **The Jokhang Temple:** It is 1300 years old and is one of Tibet's holiest shrines. It was built to commemorate the marriage of the the Tang princess Wencheng to King Songtsen Gampo, and houses a pure gold statue of the Buddha Sakyamuni brought to Tibet by the princess.

- **Barkhor Street:** It is essentially a pilgrim circuit that proceeds clockwise around the periphery of the Jokhang Temple. It is also a hive of market activity, an astounding pilgrim jamboree, and a wonderful introduction to Tibet.

### Day 05:

#### Lhasa sightseeing

Full day trip to Drepung Monastery, Sera Monastery, Norbulingka.

- **Drepung Monastery:** Drepung Monastery lies in west of Lhasa under Mt. Gambo Utse, clustered round by the black mountain, its white grand buildings shining under the sunlight. Built in 1416, it is considered as one of the largest monasteries in the six principle monasteries of Gelu Sect in China. Drepung Monastery used to be the living palace of Dalai Lamas before the reconstruction of Potala palace.

- **Sera Monastery:** It is known as one of the three greatest monasteries of Tibet. As one of the three main monasteries of Lhasa, it is here that the monk famous daily debate takes place.

- **Norbulingka:** Norbulingka means «Jeweled Garden». It was constructed as a summer palace for the Dalai Lama and later served the whole governmental administration.





## TOURS IN TIBET

### Day 06:

Lhasa – Xigatze (3,900 m): 280 km

Scenic drive to XIGATSE, to the west of LHASA through the northern road. The drive is scenic as the road drives along the valley made by BRAHMAPUTRA RIVER (YARLUNG TSANGPO). Overnight at hotel.

### Day 07:

Xigatze - Gyantse (3,950 m): 90 km

Morning sightseeing to the PANCHEN LAMA'S TASHILHUMPU MONASTERY. Drive to GYANTSE and visit to the KUMBUM STUPA & PHALKOR MONASTERY. Overnight at hotel.

### Day 08:

Gyantse – Tsedang (3,400 m): 29 km

Whole day picturesque drive crossing over KAROLA (5,010 m), KAMBALA (4,794 m), and colourful YAMDROK LAKE. Continue drive along the Tibetan lifeline river BRAMHAPUTRA (YARLUNG TSANGPO) on to TSEDANG. Overnight to hotel.

### Day 09:

Tsedang – Samye - Tsedang: 80 km

In the morning a scenic drive to Samye along the other side of Brahmaputra River and visit Samye Monastery). Drive back to Tsedang and visit Yumbulakhang & Thandruk Monastery. Ovrnight at Hotel

### Day 10:

Tsedang – Kathmandu via Lhasa airport

Early morning drive (2 hrs) to airport for departure flight to Kathmandu. Transfer to Hotel.

### Day 11:

Sightseeing in Kathamndu

Early in the morning, you could enjoy optional mountain flight tours to Mt. Everest. In the afternoon, we will tour to Bhaktapur Durbar Square & some other places in Kathmandu.

Bhaktapur Durbar Square: This Square is an open museum holding exciting palace, courtyards, royal bath, sculptures, pagodas, Shikhara style temples and Buddhist monastery along with exclusive architecture. In other words, this is the most beautiful Durbar you visit in your Nepal tours. Overnight at Royal Penguin Hotel.

### Day 12: Departure

After breakfast we'll head towards airport for final departure or continue your onwards trips. Tour ends with THANK YOU



## TOURS IN TIBET

### Package Cost:

1 pax: US \$ 3570

2 – 4 pax: US \$ 3260

5 – 8 pax: US \$ 2960

9+ pax: US \$ 2780

### Single Supplement:

US \$ 420 per person

### Hotels:

Kathmandu: Royal Penguin Boutique Hotel & Spa

In the tour it is also possible to take **1 hr mountain flight to Everest.**



### SERVICES INCLUDED:

- Twin sharing accommodation as per the itinerary on BB basis in cities (Bed and Breakfast)
- English speaking Tour guide in Kathmandu & Tibetan Guide in Tibet.
- Transportation as per the itinerary by Jeep
- Tibet Group Visa Fee
- Sightseeing entrance fees in Kathmandu.
- Airfare KATHMANDU – LHASA - KATHMANDU
- Entry fee of mention sightseeing places in Tibet
- All necessary permits
- All Government Taxes

### SERVICES EXCLUDED:

- Travel Insurance
- Lunch and Dinner
- Liquor beverages (hard and soft drinks)
- Expenses of personal nature, phone calls, laundr, tips etc.
- Services not mentioned here

