

NEPAL TREKKING: AROUND ANNAPURNA

HNTR # 3: GHOREPANI – POONHILL TREK

Itinerary:

Day 01:

Arrival at Kathmandu airport

You will be met by our representative and transfer to hotel. After refreshment in hotel, short briefing about the programs.



KATHMANDU DURBAR SQUARE: Durbar Square, one of the old capitals of the Kathmandu valley, is a synthesis of Hindu and Buddhist temples, stupas and statues, and is often the site of festivals, marriages and other ceremonies.

Day 02:

Kathmandu city sightseeing (1315 m)

Today we explore the Kathmandu valley.

SWOYAMBBHUNATH: Climb the many steps to Swayambhunath (the monkey temple) with its commanding views of Kathmandu, its whitewashed stupas and its unique synthesis of Buddhism and Hinduism.

PASHUPATINATH: It's a sacred temple complex on the banks of the holy Bagmati river. Here, monkeys run up and down the steps of the burning ghats, and trident-bearing saddhus draped in burnt-orange and yellow sit serenely meditating - when they are not posing for photos for rupees.

BOUDHANATH: The striking Buddha eyes of Boudhanath Stupa watch over a lively and colorful Tibetan community and attract pilgrims from all over the Himalayan Buddhist realm. In the midst of traditional gompas, and hung with long strings of multi-colored prayer flags, Boudhanath attracts Sherpas, Tibetans and tourists alike for daily circumambulations (koras) of the stupa.

Day 03:

Kathmandu – Pokhara

Early morning after breakfast drive to Pokhara by private Car. Upon arrival, check into the hotel. Your afternoon is free for personal activities and a 1-hour boat ride on Fewa lake.

Dinner and overnight stay at hotel.

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Day 4:

Drive from Pokhara (915 m)
to Nayapul (1050 m)

After driving for an hour, we will begin our trek from Nayapul (1050 m) to Tikhedhunga (1577 m) via Birethanti (1065 m) which takes about four and half hours. After breakfast at hotel you could drive by car for one and half hours to Nayapul. Then you start your trekking. The first part of your trek is easy



passing through numerous small villages and settlements. Afterwards you could ascend gently to the final destination of the day. The majority people here are Gurung and their religion is Buddhist. They are engaged in agricultural activities, tourism business and some in Gorkha and Indian regiments.

Day 5:

Trek from Tikhedhunga to Ghorepani (2675 m)

The trail is steeply ascended for the early 2 hours and then ascends gently passing through Ulleri (2070 m) and Banthanti, Magar villages. On the way, you can enjoy good view of Machhapuchhre or Fish Tail (6997 m), Huinchuli (6441 m), and Annapurna (7219 m) south. Now your trail is quite easier passing through forest and descends gently up to the final camp. You could see some of the wild life such as monkey and various species of birds.

Day 6:

Trek from Ghorepani to Poon Hill (3180 m) to Tadapani (2675 m)

Early morning trip to Poon Hill (3232 m) to enjoy the sunrise view over the numerous snowcapped mountain peaks. After breakfast, trek Ghorepani to Tadapani (2650 m) through the deep forests of rhododendrons, bamboos and oaks. En route, you frequently see waterfalls, rocks, wild animals, local birds and green scenarios. Tadapani is a small village surrounded by beautiful forests which grants you a magnificent view of Annapurna South, Huinchuli, Fishtail, and Annapurna II and so on.

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Day 7:

Trek from Tadapani (2675 m) to Ghandruk (1950 m)

And it takes about three hours. It is very easy trek by descending gently all the way through rhododendron, oak and other kinds of dense forests. You could hear different kinds of birds chirping on the way. This is one of the popular destinations for the birds' lovers.

Ghandruk is a big Gurung village. There is a handicraft centre and Gurung museum. From this village you can see the views of Annapurna South, Hiunchuli, Gangapurna (7455 m), Annapurna III (7755 m) and Fishtail.

Day 8:

Trek from Ghandruk to Nayapul (Pokhara)

It takes about five hours. It is very easy trek by descending gently half of the way through the rice field and local villages. From Ghandruk to until syaulibazar we normally descending then we walk flat part until Nayapul then we drive from Nayapul to Pokhara. It takes around 45mins. Transfer to Hotel Asia, Lakeside.

Day 9:

Pokhara – Kathmandu

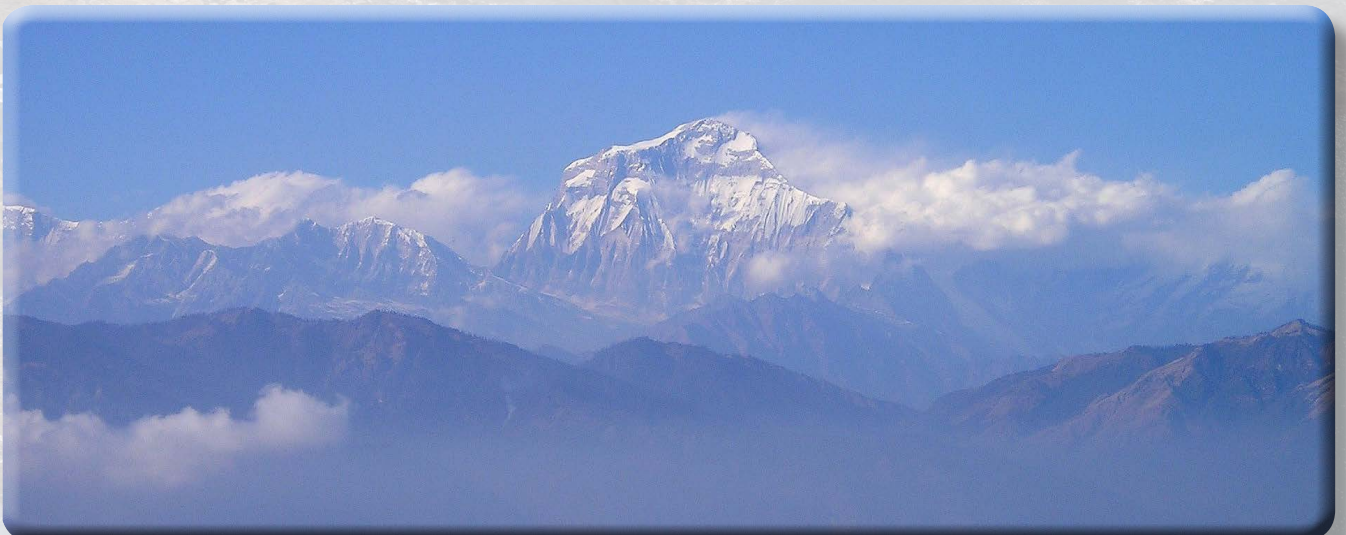
Early morning after breakfast we'll visit Nepal Mountaineering Museum & later we will drop you at Domestic airport for flight back to Kathmandu. Transfer to Royal Penguin Boutique Hotel

Day 10:

Departure

After breakfast we'll head towards airport for final departure or continue your onwards trips.

Tour ends with THANK YOU!



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Package Cost:

1 pax: US \$ 1700

2 – 4 pax: US \$ 1260

5 – 8 pax: US \$ 1060

9+ pax: US \$ 980

Single Supplement:

US \$ 325 per person

Hotels:

Kathmandu: Royal Penguin Boutique Hotel

Pokhara: Temple Tree Resort

In the tour it is also possible to take **1 hr mountain flight to Everest.**



SERVICES INCLUDED:

- Accommodation in twin sharing basis with breakfast
- All transfers by private Japanese Vehicle for the whole trip
- Driver expenses for whole trip
- English speaking tour guide for 2 day S/S
- Annapurna Ghorepani Poonhill trekking package for 5 days
- Accommodation in normal teahouse lodges while trekking
- All meals & Tea OR Coffee 3 times a day while on trek
- 1 good English speaking Sherpa guide with necessary porters
- TIMS card & ACAP permit
- Trekking equipments like: dawn jacket, sleeping bag, trekking stick, water bottle, rain poncho etc
- Flight Pokhara – Kathmandu + airport taxes
- Insurance for our staff
- Sightseeing entrance fees
- All Government taxes

SERVICES EXCLUDED:

- Lunch & dinner during stay in Kathmandu, Pokhara
- All bar bills
- Travel insurance
- Any extra cost not mentioned in service includes